



# LE COCOON DE BIAR

*Living in harmony with nature*







## THE CONCEPT

*Let us take you on a wellness journey and enjoy  
a moment of bliss...*

Please feel at home and submerge yourself in a world of profound relaxation, an invitation to serenity, far from the tumult of daily life. In a soothing and refined atmosphere where time seems to stand still, we invite you to discover our magnificent estate.

Filled with sunlight, lush scenic gardens, a stunning outdoor swimming pool and a 12th century old hammam, Le Spa de Biar offers different treatment spaces. Expert therapists will swiftly understand your needs and stress points.

Le Spa de Biar invites guests to indulge themselves in a haven of pureness.



MAISON CAULIÈRES

# MAISON CAULIÈRES

*The finest signature of French art de vivre  
and well-being.*

Maison Caulières was born in the heart of the Loire Valley, surrounded by spectacular castles. With their unique ancestral know-how and their mastery of oil-making, their products are the perfect expression of the purest of natural ingredients.

Discover the collection of precious oils during your massage for a sensory and (almost) spiritual journey. Shower and hand soap, body cream, shampoo and conditioner are available in our rooms and suites during your stay.





# MASSAGES MENU

*Take a deep breath and indulge yourself in a state of pure wellness*

## MASSAGE « BIAR SIGNATURE »

A personalized treatment. Expert therapists will swiftly understand your needs and stress points.

One hour **110.00€**  
An hour and a half **165.00€**



## MASSAGE AYURVEDIC « ABHYANGA »

Straight from northern India, this massage improves the circulation of your body energy, bringing serenity and fulfillment by improving your state of being.

One hour  
**130.00€**

## MASSAGE « HOT STONES »

A massage using hot volcanic stones with a draining, detoxifying and relaxing effect. It reconnects us to our very source and aligns our chakras.

One hour **130.00€**



# TREATMENTS MENU

*Dedicated to pure beauty*



## **MASSAGE & BODY SCRUB**

One-hour Biar signature massage and a full-body scrub with 3 different salts and essential oils.

One hour and a half  
**180.00€**

## **PERSONALIZED FACIAL**

Our beauty therapist starts with a diagnostic of your skin, then according to your needs and desires, she will suggest a personalized facial treatment.

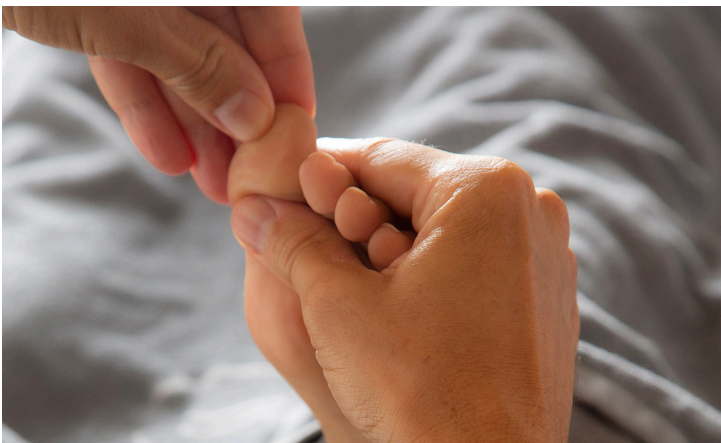
One hour **130.00€**



## **FOOT REFLEXOLOGY**

Chinese medicine considers the feet to be the mirror of our physical health. This treatment aims to rebalance the body's natural functions.

One hour **110.00€**



# PRACTICAL INFORMATION

## OPEN EVERYDAY

Le Spa de Biar is open every day from Monday to Sunday.  
Your reservation is mandatory.

Enhance your experience and reserve your table at our gourmet restaurant  
La Table de Biar. Open from Wednesday to Sunday, from 12pm to 2pm and  
from 7:30pm to 9pm.

## BOOKING TERMS AND CONDITIONS

All the services listed require a non-cancellable, non-refundable  
prepayment. All services must be booked at least 24 hours in advance.

Same-day bookings are possible, subject to availability.

Reservations by telephone on +33 4 67 65 70 06 or by email at  
[reservations@domainedebiar.com](mailto:reservations@domainedebiar.com)



DOMAINE  
DE  
BIAR